



- Award-winning speaker
- Author of two books
- Certified as a World-Class Speaking Coach
- Contestant on NBC's *The Biggest Loser*
- WBE Women Business Owners Who ROCK!
- Oakland County, Michigan's *40 Under 40*
- Nationally-recognized for philanthropic work

AS SEEN ON:



AV NEEDS

Thrilled to speak to your group! I provide this check list to set-up us up for success. My goal is for the audience to have a stellar experience!

Here's what my typical A/V needs are

- LCD and screen
- Sound hookup for my laptop (I prefer to use my personal laptop)
- A wireless lavalier microphone and a wireless handheld mic

Other Miscellaneous Needs:

- Your cell phone so I can let you know I've arrived safely
- Agenda or program for the day
- A sassy kitty cat to greet me at the hotel (Optional)
- Thin Mint Girl Scout Cookies – JK Joking(Well.. Maybe)